



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BIG GYM SCHEDULE

HAMPTON FAMILY YMCA

February-2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1-Feb	2-Feb	3-Feb	4-Feb
			6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	8am-2pm Indoor Soccer
			6pm-10pm Family Gym	6pm-8:30pm Family Gym	6pm-10pm Family Gym	2pm-5pm Family Gym
				8:30pm-10pm Basketball		
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb	10-Feb	11-Feb
1-6pm Family Gym	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	8am-11am Youth Basketball
	6pm-7:30pm Youth Basketball	6pm-10pm Women's Volleyball League	6pm-10pm Co-Ed Volleyball League	6pm-7:30pm Youth Basketball Practice	6-10pm Indoor Soccer	11am-5pm Indoor Soccer
	7:30pm-10pm Family Gym			7:30pm-8:30pm Family Gym		
				8:30pm-10pm Basketball		
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb	17-Feb	18-Feb
1-6pm Family Gym	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	8am-11am Youth Basketball
	6pm-7:30pm Youth Basketball	6pm-10pm Women's Volleyball League	6pm-10pm Co-Ed Volleyball League	6pm-7:30pm Youth Basketball Practice	6-10pm Indoor Soccer	11am-5pm Indoor Soccer
	7:30pm-10pm Family Gym			7:30pm-8:30pm Family Gym		
				8:30pm-10pm Basketball		
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb	24-Feb	25-Feb
1-6pm Family Gym	6am-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	8am-11am Youth Basketball
	6pm-7:30pm Youth Basketball	6pm-10pm Women's Volleyball League	6pm-10pm Co-Ed Volleyball League	6pm-7:30pm Youth Basketball Practice	6:00pm-9:00pm Family Gym	11:00pm-8:30pm Family Gym
	7:30pm-10pm Family Gym			7:30pm-8:30pm Family Gym		
				8:30pm-10pm Basketball		
26-Feb	27-Feb	28-Feb	29-Feb			
1-6pm Family Gym	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age			
	6pm-7:30pm Youth Basketball	6pm-10pm Women's Volleyball	6pm-10pm Co-Ed Volleyball League			
	7:30pm-10pm Family Gym					

Gym rules apply during Family Gym time.

1322 LaSalle Avenue, Hampton VA 23669 757 722 9044

A branch of Peninsula Metropolitan YMCA

Revised Date:

3/29/2011



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SMALL GYM SCHEDULE

HAMPTON FAMILY YMCA

February-2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1-Feb	2-Feb	3-Feb	4-Feb
			6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	9:30-11:30am Taekwondo
			6-8pm Taekwondo	6-10pm Family Gym	6-10pm Family Gym	11:30am-3pm Indoor Soccer
			8-10pm Family Gym			3-5pm Family Gym
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb	10-Feb	11-Feb
1-6pm Family Gym	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	9:30-11:30am Taekwondo
	6-7pm Indoor Soccer	6-7pm Indoor Soccer	6-8pm Taekwondo	6-10pm Family Gym	6-10pm Family Gym	11:30am-3pm Indoor Soccer
	7-10pm Family Gym	7-10pm Family Gym	8-10pm Family Gym			3-5pm Family Gym
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb	17-Feb	18-Feb
1-6pm Family Gym	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	9:30-11:30am Taekwondo
	6-7pm Indoor Soccer	6-7pm Indoor Soccer	6-8pm Taekwondo	6-10pm Family Gym	6-10pm Family Gym	11:30am-3pm Indoor Soccer
	7-10pm Family Gym	7-10pm Family Gym	8-10pm Family Gym			3-5pm Family Gym
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb	24-Feb	25-Feb
1-6pm Family Gym	6am-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age	9:30-11:30am Taekwondo
	6-7pm Indoor Soccer	6-7pm Indoor Soccer	6-8pm Taekwondo	6-10pm Family Gym	6-10pm Family Gym	11:30-5pm Family Gym
	7-10pm Family Gym	7-10pm Family Gym	8-10pm Family Gym			
26-Feb	27-Feb	28-Feb	29-Feb			
1-6pm Family Gym	6am-9am/3pm-6pm School Age	6am-9am/3pm-6pm School Age				
	6-10pm Family Gym	6-10pm Family Gym				

Gym rules apply during Family Gym time.