



# FOR THE MOST FUN BEFORE AND AFTER SCHOOL!

The YMCA School Age program provides an environment where children can easily make friends, be part of a group, meet physical challenges, and know that they are liked, respected and appreciated.

For the times you can't be there yourself, the YMCA supports your efforts to nurture your child's healthy development. Well-trained staff provides safe and high quality care so you can have peace of mind while you work to help your family succeed.

#### LOCATIONS:

Carrollton Elementary ..... (757) 238-3572 ..... carrollton@peninsulaymca.org  
Hardy Elementary ..... (757) 357-9622 ..... hardy@peninsulaymca.org  
Westside Elementary ..... (757) 262-8933 ..... westside@peninsulaymca.org  
Windsor Elementary ..... (757) 242-3197 ..... windsor@peninsulaymca.org

#### PROGRAM DATES:

September 8, 2009 until the last day of school. Programs are provided on most school holidays, winter and spring break and inclement weather days (check your school calendar for school closings).

#### HOURS OF OPERATION:

6:30 a.m. to School opening and School dismissal to 6:00 p.m.  
Limited part-time care available at each school site.

#### REGISTRATION:

Registration begins NOW at each school site and at the Luter Family YMCA. Beginning September 8, 2009 registrations will be taken at each school site.

You must bring payment for the first week and \$40 registration fee (per child) to registration as well as a copy of your child's school physical, shot record and original birth certificate. Due to licensing requirements, incomplete registrations cannot be processed.

**WEEKLY FEES:** Before School .....\$42  
After School .....\$53  
Before and After School .....\$70

Additional children in the same program receive \$5.00 off weekly fee. Discount does not apply to the Before School program.

#### PAYMENT:

Payment is due the Friday before each week your child will attend. Financial Assistance is available if you are financially not able to pay the full amount, please ask about the Guardian Program.

**CONTACT:** Luter Family YMCA, (757) 365-4060

#### VACATION FUN DAYS

Care is provided on most holidays, winter and spring breaks and inclement weather days. **Vacation Fun Days** are provided for children to enjoy a day of play at the YMCA when there is no school. An additional charge may apply.

DISCLAIMER: The School Board of Isle of Wight County is not a sponsor or affiliate of this organization and assumes no responsibility or liability for the quality of services or operational procedures utilized.

### We Offer:

- ★ Outdoor Activities
- ★ Homework Time
- ★ Arts n' Crafts
- ★ Character Development
- ★ Multi-Cultural Activities
- ★ Initiative Challenges
- ★ Theme Based

The YMCA is proud to offer our IGNITE program to all of the children enrolled in our after school child care programs. By participating in this YMCA initiative to combat youth inactivity and obesity, children get healthy and fit by playing interactive games, learning about proper nutrition and eating healthy. And they become junior chefs too as they prepare healthy snacks themselves. All instruction is led by specially trained YMCA Youth Fitness Instructors.

#### Enhanced Ignite Program

The enhanced IGNITE physical fitness and nutrition education program is funded by the Obici Healthcare Foundation. As part of the Activate Isle of Wight project your child will participate in fitness assessments, three physical education classes each week and weekly nutrition instruction at no additional cost to you.

