

# Y SUMMER CAMP

WHERE ADVENTURES BEGIN

YOUR SUMMER OF FUN AT THE  
LUTER FAMILY YMCA



ARTS & CRAFTS

## SUMMER CAMP SESSION DATES

**Session 1:** June 21 - June 26  
**Session 2:** June 29 - July 2  
**Session 3:** July 5 - July 9  
**Session 4:** July 12 - July 16  
**Session 5:** July 19 - July 23  
**Session 6:** July 26 - July 30  
**Session 7:** August 2 - August 6  
**Session 8:** August 9 - August 13  
**Session 9:** August 15 - August 20  
**Session 10:** August 23 - August 27



OUTDOOR FUN!

## SUMMER CAMP

Fun days filled with swimming, arts & crafts, new games, nature exploration, sports, songs, field trips and friendships that will last a lifetime.

## TEEN CAMP

Have fun and make new friends while participating in character building discussions, field trips, games, swimming and more. A real self-esteem and confidence boosting experience.

## SPORTS SPECIALTY CAMPS

**Soccer Camp:** This beginning soccer camp teaches basic skills through games and teamwork.

**Swim Camp:** Learn the correct form, flip turns, starting dives, legal strokes and good team sportsmanship. Prerequisite: Must be able to swim 25 yards of freestyle and backstroke continuously.

**Flag Football Camp:** This camp provides a foundation for growth and the opportunity to further the enjoyment of flag football.

**Dance Camp:** This beginning dance camp focuses on basic skills and some advanced skills; ballet and tap will be introduced.

**Baseball/Softball Camp:** This beginning baseball and softball camp teaches basic skills through games and teamwork.

**Cheerleading Camp:** This spirited camp teaches cheers, chants, dance with stunts included.

**Volleyball Camp:** Learn the basic skills and terms of the game. Intermediate skills taught to participants who have been playing the game.

**Basketball Camp:** This beginning basketball camp teaches basic skills through games and teamwork.

**Classic to Contemporary Games Camp:** Participants will play classic games like Spud to contemporary games such as Corn Hole.

**Tennis Camp:** This is a beginner tennis camp. Participants will learn the basic skills and terms.

## WHAT TO BRING

- ✓ lunch
- ✓ 2 snacks
- ✓ bathing suit
- ✓ towel
- ✓ sunscreen
- ✓ water bottle

**DAY CAMP** Rising Kindergartners (5 years - 12 years old)  
Weekly sessions June 21 - August 27, 6:00 a.m. - 6:00 p.m.  
Members: \$85 / week, Program Participants: \$100 / week

**TEEN CAMP** 7th graders - 9th graders (13 years - 15 years old)  
Weekly sessions June 21 - August 27, 6:00 a.m. - 6:00 p.m.  
Members: \$85 / week, Program Participants: \$100 / week

**SPORTS SPECIALTY CAMPS** (6 - 12 years old)  
9:00 a.m. - 12:00 p.m. (Pre and Post Camp available)  
Members \$45 / week, Program Participants \$80 / week

<b>Tennis Camp</b>	June 21 - June 26
<b>Baseball/Softball Camp</b>	June 28 - July 2
<b>Flag Football Camp</b>	July 5 - July 9
<b>Dance Camp</b>	July 12 - July 16
<b>Basketball Camp</b>	July 19 - July 23
<b>Classic to Contemporary Games Camp</b>	July 26 - July 30
<b>Cheerleading Camp</b>	August 2 - August 6
<b>Swim Camp</b>	August 9 - August 13
<b>Volleyball Camp</b>	August 15 - August 20
<b>Soccer Camp</b>	August 23 - August 27

## REGISTRATION

To ensure that each camper receives the highest quality experience possible, we must limit enrollment for each session. Please contact your branch for registration information.

Please bring copies of: school physical, shot record and original birth certificate to complete your registration. Due to state licensing requirements, incomplete registrations cannot be processed.

## REGISTRATION PLACE, TIMES and DATES

Registration is held at the Luter Family YMCA, 259 James Street, Smithfield, Virginia 23430; Monday through Saturday, 6:00 a.m. - 11:00 a.m. or by appointment.

Current School Age Participants	Begins March 1, 2010 (School Age Participants may register at their school site.)
YMCA Members	Begins March 8, 2010
Open Registration	Begins March 15, 2010

**PAYMENT** A \$40 non-refundable registration fee and payment for the first session is due upon registration. **In order to guarantee a spot in future sessions, a \$25 non-refundable, non-transferable deposit per child is required upon registration. Payment balance is due by Tuesday at 5:00 p.m. prior to each session.** There is a \$5 discount for each additional child. There is an additional charge for some field trips such as Ocean Breeze tickets.

**CONTACT** Luter Family YMCA, (757) 365-4060  
Cheryl Brooks (cheryl.brooks@peninsulaymca.org)

**DISCLAIMER:** The School Board of Isle of Wight County is not a sponsor or affiliate of this organization/business, and assumes no responsibility or liability for the quality of services or operational procedures utilized.

[www.peninsulaymca.org](http://www.peninsulaymca.org)

These are camps that allow you to learn basic skills of different sports each week through games and teamwork.

SPORTS  
SPECIALTY CAMP

YMCA Camp  
kekoka

Partners with  
Wendellia Police  
Youth Camp Grimm

The YMCA's Resident Camp!  
Spend a week sailing, fishing,  
swimming and water skiing!

### Camp Kekoka Sessions:

July 11 - 16  
July 18 - 23  
July 25 - July 30  
August 1 - 6  
August 8 - 13

### FAMILY CAMPS:

July 23 - 25  
August 6 - 8

Go to

<http://www.peninsulaymca.org/kekoka.htm>  
for more details