



# GYM SCHEDULE

We build strong kids, strong families, strong communities.

Luter Family YMCA  
September-10

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Open Gym</b> 5:30 - 6:00a	<b>Open Gym</b> 5:30 - 6:00a	<b>Open Gym</b> 5:30 - 6:00a	<b>Open Gym</b> 5:30 - 6:00a	<b>Open Gym</b> 5:30 - 6:00a	
<b>Open Gym</b> 1:00 - 4:45p	<b>Open Gym</b> 6:00 - 9:00a	<b>Open Gym</b> 6:00 - 9:00a	<b>Open Gym</b> 6:00 - 9:00a	<b>Open Gym</b> 6:00 - 9:00a	<b>Open Gym</b> 6:00 - 9:00a	<b>Open Gym</b> 8:00a - 4:45p
	<b>Open Gym</b> 9:00a - 12:00p	<b>Open Gym</b> 9:00a - 12:00p	<b>Open Gym</b> 9:00a - 12:00p	<b>Open Gym</b> 9:00a - 12:00p	<b>Open Gym</b> 9:00a - 12:00p	
	<b>Adult B-ball</b> 12:00 - 1:00p	<b>Adult B-ball</b> 12:00 - 1:00p	<b>Adult B-ball</b> 12:00 - 1:00p	<b>Adult B-ball</b> 12:00 - 1:00p	<b>Adult B-ball</b> 12:00 - 1:00p	<b>Gym Closing at Noon on 9-25-10 for Swim Meet</b>
	<b>Open Gym</b> 1:00 - 6:00p	<b>Open Gym</b> 1:00 - 6:00p	<b>Open Gym</b> 1:00 - 6:00p	<b>Open Gym</b> 1:00 - 6:00p	<b>Open Gym</b> 1:00 - 6:00p	
	<b>A: Open Gym</b> <b>B: Family Time</b> 6:00 - 8:00p	<b>A: Open Gym</b> <b>B: Family Time</b> 6:00 - 8:00p	<b>A: Open Gym</b> <b>B: Family Time</b> 6:00 - 8:00p	<b>A: Open Gym</b> <b>B: Family Time</b> 6:00 - 8:00p	<b>A: Open Gym</b> <b>B: Family Time</b> 6:00 - 8:00p	
	<b>Open Gym</b> 8:00 - 9:45p	<b>Open Gym</b> 8:00 - 9:45p	<b>Open Gym</b> 8:00 - 9:45p	<b>Open Gym</b> 8:00 - 9:45p	<b>Open Gym</b> 8:00 - 9:45p	

**A = (Side A, Side closest to the Lobby)      B = (Side B, Side closest to the back of the building)**

A branch of Peninsula Metropolitan YMCA - 101 Long Green Blvd., Yorktown, VA 23693

Revised Date:

8/31/2010