

Northern Neck

Family



YMCA

FOR THE MOST FUN

AFTER

SCHOOL!

The YMCA School Age program provides an environment where children can easily make friends, be part of a group, meet physical challenges, and know that they are liked, respected and appreciated.

## YOUTH PROGRAMS

**Basketball**

**Soccer**

**Karate**

**T - Ball**

**Summer Camp**

For the times you can't be there yourself, the YMCA supports your efforts to nurture your child's healthy development. Our well-trained staff provides safe and high quality care so you can have peace of mind while you work to help your family succeed.

**LOCATION:** Northern Neck Family YMCA  
39 Harris Road  
Kilmarnock, VA 22482

**PROGRAM DATES:** From the first day of school until the last day of school. Programs are provided on most school holidays, winter and spring break, and inclement weather days (check your school calendar for school closings). Additional fee applies.

**HOURS OF OPERATION:** School dismissal to 6:00 p.m.

**TRANSPORTATION:** Participants are picked up at Lancaster Primary School, Lancaster Middle School, and Chesapeake Academy and transported by YMCA Bus to the Northern Neck Family YMCA.

**REGISTRATION:** Register at the Northern Neck Family YMCA, 39 Harris Road, Kilmarnock, VA 22482

- Current After School Participants may register on May 25, 2010 from 4:00 - 6:00 p.m.
- YMCA Member registration is August 2, 2010 from 4:00 - 6:00 p.m.
- Open registration is August 16, 2010 from 4:00 - 6:00 p.m.

You must bring payment for the first week and \$40 registration fee (per child) to registration as well as a copy of your child's school physical, shot record and original birth certificate. Due to licensing requirements, incomplete registrations cannot be processed.

**WEEKLY FEES:** Member – \$42, Program Participant – \$50  
Additional children in the same program receive \$5.00 off weekly fee.

**PAYMENT:** Electronic Funds Transfer (EFT) is the Peninsula Metropolitan YMCA's preferred method of payment for your School Age tuition. Fees are automatically withdrawn from your checking or savings account either weekly or monthly, per your request. Financial Assistance is available. If you are financially not able to pay the full amount, please ask about the Guardian Program.

**CONTACT:** Kai Evans Associate Director Child Care and Family Programs  
(804) 435-0223

- ★ Homework Time
- ★ Outdoor Activities
- ★ Arts n' Crafts
- ★ Games
- ★ Character Development
- ★ Multi-Cultural Activities
- ★ Initiative Challenges
- ★ Theme Based

**CLUBS:**  
BrainPower,  
Computer, Cooking, Sports, Arts  
& Humanities, more...

The YMCA is proud to offer our IGNITE program to all of the children enrolled in our after school child care programs.

**ignite**  
Interactive, Games, Nutrition, Inspiration Through Education.

By participating in this YMCA initiative to combat youth inactivity and obesity, children get healthy and fit by playing interactive games, learning about proper nutrition and eating healthy. And they become junior chefs too as they prepare healthy snacks themselves. All instruction is led by specially trained YMCA Youth Fitness Instructors.

