



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

NORTHERN NECK FAMILY YMCA

Feb-2012

TIME	Court Side	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:30-6:00am	1	Open	Open	Open	Open	Open	Open Youth & Family		
	2	Youth & Family	Youth & Family	Youth & Family	Youth & Family	Youth & Family			
6:00-7:00am	1	Open	Open	Open	Open	Open			
	2	Youth & Family	Youth & Family	Youth & Family	Youth & Family	Youth & Family			
7:00-8:00am	1	Open	Open	Open	Open	Open			
	2	Youth & Family	Youth & Family	Youth & Family	Youth & Family	Youth & Family			
8:00-9:00am	1	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Open
	2	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Youth & Family
9:00-10:00am	1	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Youth Basketball
	2	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Youth Basketball
10:00-11:00am	1	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Youth Basketball
	2	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Youth Basketball
11:00a-12:00p	1	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball			Youth Basketball
	2	Pickleball	Home School P.E.	Pickleball	Pickleball	Pickleball			Youth Basketball
12:00-1:00pm	1	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball	Youth Basketball		
	2	Pickleball	Home School P.E.	Pickleball	Pickleball	Pickleball	Youth Basketball		
1:00-2:00pm	1	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball	Youth Basketball	Gym opens at 1:00.	
	2	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball	Youth Basketball	Open	
2:00-3:00pm	1	Open	Open	Open	Open	Open	Youth Basketball	Open	
	2	Youth & Family	Youth & Family	Youth & Family	Youth & Family	Youth & Family	Youth Basketball	Youth & Family	
3:00-4:00pm	1	Open	Open	Open	Open	Open	Youth Basketball	Open	
	2	Youth & Family	Youth & Family	Youth & Family	Pickleball	Youth & Family	Youth Basketball	Youth & Family	
4:00-5:00pm	1	Open	Open	Open	Pickleball	Open	Gym closes at 4:45.	Gym closes at 4:45.	
	2	Youth & Family	Youth & Family	Youth & Family	Pickleball	Youth & Family			
5:00-6:00pm	1	Youth Basketball	Youth Basketball	Youth Basketball	Pickleball	Adult Soccer			
	2	Youth Basketball	Youth Basketball	Youth Basketball	Pickleball	Adult Soccer			
6:00-7:00pm	1	Youth Basketball	Youth Basketball	Youth Basketball	Pickleball	Adult Soccer			
	2	Youth Basketball	Youth Basketball	Youth Basketball	Pickleball	Adult Soccer			
7:00-8:00pm	1	Youth Basketball	Youth Basketball	Youth Basketball	Pickleball	Gym closes at 6:45.			
	2	Youth Basketball	Youth Basketball	Youth Basketball	Pickleball				

Gym closes at 7:45. Gym closes at 7:45. Gym closes at 7:45. Gym closes at 7:45.

Note: Court 2 is closest to the rear of the building.

Youth and Family Time:

1. There are no pick up games allowed during scheduled Youth and Family time.
2. Children age 10-15 years may be in the gym without a parent or guardian.
3. Children 9 and under must be in the gym with a parent/guardian 18 or older.
4. All other gym rules apply.