



Recreation Center Schedule Northern Neck Family YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Adult & Family Time 5:30am-3:30pm	Adult & Family Time 5:30am-3:30pm	Adult & Family Time 5:30am-3:30pm	Adult & Family Time 5:30am-3:30pm	Adult & Family Time 5:30am-3:30pm	Adult & Family Time 8:00am-9:00am
	Afterschool 3:30pm-6:00pm	Afterschool 3:30pm-6:00pm	Afterschool 3:30pm-6:00pm	Afterschool 3:30pm-6:00pm	Afterschool 3:30pm-6:00pm	Adult, Family & Youth Time 9:00am-4:30pm
Adult, Family & Youth Time 1:00pm-4:30pm	Adult, Family & Youth Time 6:00pm-7:30pm	Adult, Family & Youth Time 6:00pm-7:30pm	Adult, Family & Youth Time 6:00pm-7:30pm	Adult, Family & Youth Time 6:00pm-7:30pm	Rec Center closes at 6pm on Fridays.	
A branch of the Peninsula Metropolitan YMCA						revised 2/22/10

Adult Time: Members 18 and older.

Family Time: Members under the age of 18 must be accompanied, by an adult 18 years or older, at all times.

Youth Time: Members 13-18 (Center is monitored by YMCA staff).

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Northern Neck Family YMCA . 39 Harris Road . Kilmarnock Virginia 22482 . 804.435.0223