

Cycle Class Etiquette

Please join our group cycle class...

- ▶ **Members may sign up in person 30 minutes prior to the start of a scheduled class at the Welcome Center.**
- ▶ **Sign up will move from the Welcome Center to the cycle studio 10 minutes prior to class.**
- ▶ **You may only sign up yourself; refrain from reserving bikes for others.**
- ▶ **Empty bikes will be filled on a first-come, first-served basis 5 minutes prior to class.**
- ▶ **Class entrance is permitted up to 5 minutes after class has started.**
- ▶ **ENJOY YOUR WORKOUT!**

Honesty, Caring, Respect, Responsibility

