



RULES FOR SAFETY & FUN

Lifeguards are on the deck for your safety and must enforce pool rules. Y members and guests who are not able to comply with the following safety guidelines will be asked to leave the pool area.

1. No swimming without a lifeguard on duty.
2. The pool must be cleared immediately when one long whistle blast is heard.
3. Please shower before entering the pool.
4. Walk, do not run, to avoid injury.
5. Chewing gum, food, drinks, and glass containers are not permitted in the pool area.
6. For your safety, diving in water less than 9 feet in depth is not permitted.
7. Horseplay is a major cause of pool injuries. Lifeguards will ask you to refrain from pushing, dunking, spitting, chicken fights or any type of horseplay in the pool area.
8. Please do not hang or lean on the lane lines.
9. Proper bathing attire must be worn at all times while using the pool. Cutoffs or disposable diapers are not permitted in the pool. Children who are not toilet trained must wear swim diapers.
10. For your safety, do not perform back-flips, back-dives, twists or any type of flip that may cause injury to yourself or others.
11. Circle-swim etiquette will be used when two or more swimmers choose to share a lane.
12. The pool will close at the sound of thunder or sight of lightening. Pool will reopen 30 minutes after the last sound of thunder or sight of lightening.
13. Youth 5 years and younger, and youth ages 6 through 9 years of age, who do not pass the swim test, must have in-water supervision by a parent or legal guardian 18 years of age or older.
14. Youth ages 6 through 9 years, who have passed the swim test, must be supervised by a parent or legal guardian 18 years or older within the pool area at all times.
15. Non swimmers using approved flotation devices must stay in the shallow end of the pool, even if accompanied by an adult.
16. Inflatable pool toys and flotation devices are not permitted. Recreational equipment will be permitted at the discretion of the lifeguard.
17. Extended breath-holding activities may cause blackouts and, therefore, are not permitted.

