



Family Pool Schedule
R.F. Wilkinson Family YMCA
301 Sentara Circle, Williamsburg, VA 23188
(757) 229-9622
September 2010

The numbers in () below indicate how many lanes will be in use during each event. The Pool Schedule is subject to change.

HOOR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 a.m.- 7:00 a.m.	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	POOL OPENS AT 7:00 AM	
7:00 a.m.- 8:00 a.m.	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	Lane Area Open Pool Closed Slide Closed	
8:00 a.m. - 9:00 a.m.	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Swim Lessons Pool Closed Slide Closed	
9:00 a.m. - 10:00 a.m.	Sentara Aquatic Therapy (1) AFYP (Pat) Slide Closed	Sentara Aquatic Therapy (1) AFYP 9:30-10:30 am (Betty)	Sentara Aquatic Therapy (1) AFYP (Pat) Slide Closed	Sentara Aquatic Therapy (1) AFYP 9:30-10:30am (Betty)	Sentara Aquatic Therapy (1) AFYP (Pat) Slide Closed	Lane Area Open Swim Lessons Pool Closed Slide Closed	
10:00 a.m.- 11:00 a.m.	Sentara Aquatic Therapy (1) Swim Lessons 10:00-12:15pm Slide Closed	Sentara Aquatic Therapy (1) AFYP 10:30-11:30 am (Betty)	Sentara Aquatic Therapy (1) Swim Lessons 10:00-12:15pm Slide Closed	Sentara Aquatic Therapy (1) AFYP 10:30-11:30am (Betty)	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Swim Lessons Pool Closed Slide Closed	
11:00 a.m. - 12:00 p.m.	Sentara Aquatic Therapy (1) Swim Lessons 10:00- 12:15pm Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Swim Lessons 10:00 - 12:15pm Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Swim Lessons until 11:15am Open Recreation Slide Closed	
12:00 p.m. - 1:00 p.m.	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation *Slide Open	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation *Slide Open	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Open Recreation Slide Closed	POOL OPENS AT 1:00 PM
1:00 p.m. - 2:00 p.m.	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation *Slide Open	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation *Slide Open	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Open Recreation *Slide Open	Lane Area Open Open Recreation *Slide Open
2:00 p.m. - 3:00 p.m.	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation *Slide Open	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation *Slide Open	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Open Recreation *Slide Open Birthday Parties	Lane Area Open Open Recreation *Slide Open Birthday Parties
3:00 p.m. - 4:00 p.m.	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Sentara Aquatic Therapy (1) Open Recreation Slide Closed	Lane Area Open Open Recreation *Slide Open Birthday Parties	Lane Area Open Open Recreation *Slide Open Birthday Parties
4:00 p.m. - 5:30 p.m. -	Swim Lessons Pool Closed Slide Closed	Swim Lessons Pool Closed Slide Closed	Swim Lessons Pool Closed Slide Closed	Swim Lessons Pool Closed Slide Closed	Lane Area Open Open Recreation Slide Closed	POOL CLOSSES AT 4:30 PM	POOL CLOSSES AT 4:30 PM
5:30 p.m. - 6:30 p.m.	Swim Lessons Pool Closed Slide Closed	Swim Lessons Pool Closed Slide Closed	Hydro Pilates (Judith) Pool Closed Slide Closed	Swim Lessons Pool Closed Slide Closed	Lane Area Open Open Recreation *Slide Closed		
6:30 p.m. - 7:30 p.m.	Lane Area Open Hydro Pilates 6:45-7:45pm (Judith)	Lane Area Open Open Recreation *Slide Open	Warm Water Toning (Cindy) Pool Closed Slide Closed	Lane Area Open Open Recreation *Slide Open	Lane Area Open Open Recreation *Slide Open at 7:00pm		
7:30 p.m. - 9:30 p.m.	Lane Area Open Open Recreation *Slide Open till 8:30 PM	Lane Area Open Open Recreation *Slide Open till 8:30 PM	Lane Area Open Open Recreation *Slide Open till 8:30 PM	Lane Area Open Open Recreation *Slide Open till 8:30 PM	Lane Area Open Open Recreation *Slide Open till 8:30 PM		