

» VICTORY FAMILY YMCA

Where Children Learn & Grow

The YMCA influences lives:

My husband and I almost lost our home because work is so slow and making ends meet with our four children is extremely hard right now. We wanted to enroll our seven year old in the YMCA After School program, but couldn't afford the weekly fees. We now receive a Guardian scholarship and our daughter enjoys a safe and fun program after school. Some days she just doesn't want to leave. -YMCA Members

In a world that changes moment by moment, it is important to know there are things we can depend on: **A safe environment, people we can trust, and a place to learn and grow.** Every day, the Victory Family YMCA helps children and teens deepen their positive values, commitment to service, and motivation to learn.

The Victory Family YMCA provides high-quality, affordable care to more than 150 children weekly in our School Age Child Care and over 300 children weekly in our Summer Adventure Camp 2008. Twenty percent of these children are given financial assistance.

» Your Generosity Provides

- \$65 provides a child with a session of their favorite sport or eight weeks of swim lessons.
- \$80 provides a child with one week of quality before and after school child care.
- \$100 provides four months of membership for a teenager.
- \$150 provides one child a complete Bright Beginnings experience.
- \$250 supports one team to participate in YMCA youth sports or a teen to develop leadership skills.
- \$500 provides a family with six months of membership.
- \$1000 provides a child with a summer of camp fun.

Where Young People Lead

Teens take action:

I am the oldest of four children. It is sometimes very difficult to find a quiet, peaceful place to focus on schoolwork. However, the YMCA offers just that.

Being a member of the YMCA gives me a chance to catch up with friends and meet new ones. The YMCA allows me to reach out from my usual social "bubble" and interact with other members of our community.

It has truly been a blessing to be a member of the YMCA. Whether working out in the fitness room, playing volleyball in the gym, or going for a swim in the pool, the Y has something to offer each member of my family. I am very grateful that I am able to be a part of such a wonderful organization.

-Melanie

At the Victory Family YMCA we realize that young people need **a variety of positive experiences and qualities** to grow up to be caring, competent, responsible members of the community. **Children ages 12 and over are cared for through activities developed specifically for teens.** Programs like Middle School Teen Nights and teen sports are fun and engaging, while Teen Leaders Club, Middle School After School Club, Y Life, and Camp Counselors in Training teach leadership skills and promote community involvement and volunteerism.



Your generosity allows the YMCA to provide quality programs and services in our community. With your help, we will continue to build strong kids, strong families and strong communities.

» A PLACE WHERE EVERYONE BELONGS!

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Where Communities Work Together

A sense of belonging:

Within the past two years we've changed from a family of four with two incomes to a family of six with one income. I also have a daughter with a rare illness called Brittle Bone disease. She is two years old and sees over twenty different specialists including one in Canada. It has been so hard to make ends meet each month. Because of Bright Beginnings my two school age children have been able to spend some money on themselves and get to "feel special" for a day and that is absolutely wonderful! The Bright Beginnings program is a great blessing to our family. It has taken off a lot of financial stress. I hope you can continue to help children get a bright start to their school year. Thank you! -The West Family

Children who have the necessary clothing and supplies to start the school year are **more able to focus on learning**. Through Bright Beginnings the YMCA provides children with clothing and school supplies and brings local volunteers and community leaders together to provide funding for a fun day of shopping. The children have a great start in school because **they have the essentials for success and know that their community cares about them**.



In 2008, the Peninsula Metropolitan YMCA provided financial assistance totaling \$2,145,794 to individuals and families. The Victory Family YMCA provided \$515,808 of that association total. All funds are provided for through donations to the Strong Communities Annual Charitable Giving Campaign.

Where Families Come Together

Families are inspired:

I am a single mother of three boys; ages fourteen, six and three. Raising children on my own is a challenge and finding activities that are beneficial for my children is important to me. The YMCA's programs have provided my children with a place to go to build positive relationships, increase their confidence and learn healthier lifestyles. I am so grateful for the YMCA. It helps families like mine that are in need.
-Katina

Since our founding, the YMCA has offered programs that enable individuals to strengthen their spiritual, mental and physical well-being. Today, the YMCA is the Nation's largest provider of health and well-being programs. In 2008, through funds from the Guardian program, the Victory Family YMCA has assisted 1,200 families and individuals who could not have afforded full fees to participate in our programs and membership.

The Victory Family YMCA is working to combat rising levels of obesity and promote healthy living for thousands in our community through YMCA Activate America. Our commitment to this health crisis is to engage and support all health seekers, young and old, in their individual pursuit of well-being. Girls on the Run, Trim Kids, and IGNITE are some of our programs designed to educate children and parents on healthy lifestyles, nutrition, and physical activities.

The YMCA helps families **build strong bonds, achieve greater life balance, and become more engaged** with their communities. Hundreds of families participate in our family programs that focus on bringing children and parents together.



The YMCA mission:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

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