

What Can My Family Do At The YMCA?

Bring your whole family to the YMCA
and participate in our FREE,
structured, family activities!
Children under 10 must be accompanied by an adult.

August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Air Hockey 5-7PM The Zone	4	5 Wii Tennis 5-7PM The Zone	6	7 Hip Hop Dance 12-12:40PM Studio A
8 Family Games 1-3PM Gym	9	10 Ping Pong 5-7PM The Zone	11	12 Shuffle Board 5-7PM The Zone	13	14 Zumba 12-12:40PM Studio A
15 Family Games 1-3PM Gym	16	17 DDR 5-7PM The Zone	18	19 MK vs DK 5-7PM The Zone	20	21 Line Dancing 12-12:40PM Studio A
22 Family Games 1-3PM Gym	23	24 Foosball 5-7PM The Zone	25	26 Rope Climb 5-7PM The Zone	27	28 Zumba 12-12:40PM Studio A
29 Family Games 1-3PM Gym	30	31 Counselor Challenge 5-7PM The Zone				
						