

» VICTORY FAMILY YMCA

Where Children Learn & Grow

- » **\$5,000 Day Camp**
YMCA Day Camp provides children an opportunity to learn character development skills, teamwork, and sportsmanship.
- » **\$5,200 Camp Kekoka**
Camp Kekoka is the Peninsula Metropolitan YMCA's resident summer adventure camp. The Victory YMCA helped 12 children from our community afford a week at Camp Kekoka.
- » **\$16,000 School Age Care**
Our before and after school care program serves children ages 5 - 12 years from 5 York County elementary schools as well as Poquoson primary school. 30% of these children receive a Guardian scholarship.
- » **\$800 SPLASH**
Our aquatics orientation and safety program provides instruction on basic water safety. All 3rd graders in 9 York County elementary schools as well as Poquoson primary school can participate. Approximately 1,300 children benefit annually.
- » **\$2,000 Swim Lessons**
Victory Family YMCA entered 195 children into swim lessons through our Guardian program.
- » **\$4,000 Youth Fitness**
We help over 600 youth ages 8 - 12 fight obesity and promote positive lifestyle changes through interactive games, strength and endurance training, and conditioning.
- » **\$3,000 Trim Kids**
Trim Kids is a program that encourages exercise and healthy nutrition led by YMCA and local certified professionals.
- » **\$2,000 Youth Sports**
The Victory Family YMCA helps build character and teach the importance of a healthy lifestyle, as well as the skills needed to play specific sports.
- » **\$1,000 IGNITE**
IGNITE was designed to get children moving with interactive games and fun nutrition lessons during our school age program.

Where Young People Lead

- » **\$3,000 Teen Nights**
On 31 Saturday nights throughout the year the YMCA opens its doors for over 3,720 students. This provides the teens with a fun outlet and time to socialize with friends and participate in activities.
- » **\$3,000 Leaders Club**
Teens 12 years and older develop a positive sense of self, raise academic standards, are exposed to diverse career options, develop leadership skills, recognize and promote excellence and make healthy life style choices.
- » **\$5,000 Teen Youth Week**
This event assists youth and their families in navigating the teenage years by helping students to make healthy choices in their lives with regards to alcohol, tobacco, drugs, sex, and violence.

Where Communities Work Together

- » **\$18,750 Bright Beginnings**
In 2008 the Victory Family YMCA, provided 125 local children a special day of shopping to purchase new clothing and school supplies to begin the first day of school feeling prepared. These children would not have this opportunity without the generosity of their community.

Where Families Come Together

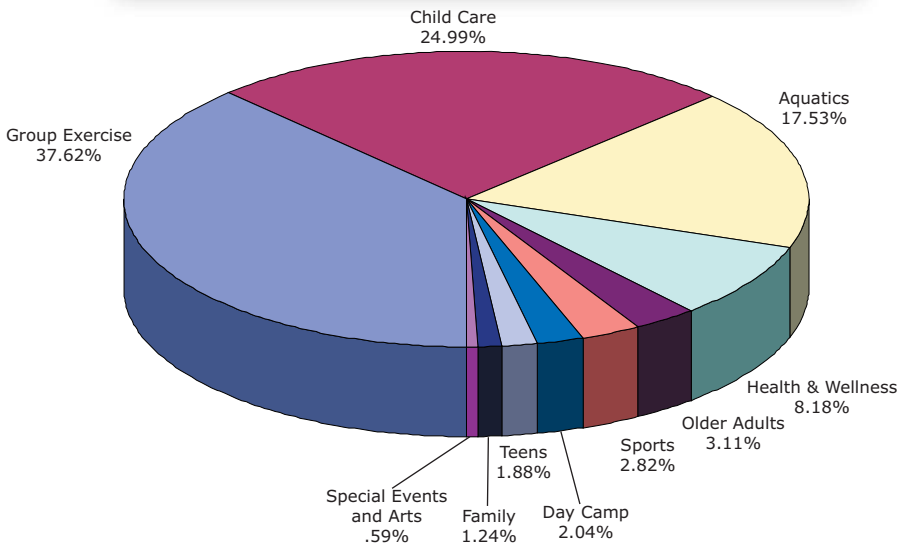
- » **\$466,000 Guardian Membership Assistance**
The Guardian program allows over 1,200 families, 21% of our membership, the opportunity to use the YMCA at a more affordable cost to enhance the family bond and promote healthy lifestyles.



» PENINSULA METROPOLITAN YMCA

The YMCA has a large role to play in helping children, families, and older adults navigate the challenges and opportunities of everyday life. The Strong Communities Campaign is an annual volunteer fundraising campaign that secures funds to assist people of our communities in their time of need; no one is turned away due to inability to pay. The YMCA strives to assist anyone in need of our programs and services. We believe in helping all people lead healthier, happier lives.

2008 Service Opportunities



Group Exercise	240,963
Child Care	160,091
Aquatics	112,314
Health & Fitness	52,381
Older Adults	19,953
Sports	18,051
Day Camp	13,045
Teens	12,017
Family	7,963
Special Events	3,728
Arts	68
TOTAL	640,574

- ▼ 640,574 program service opportunities were provided in 2008
 - 10,941 swim lessons were taught
 - 22,902 children attended after school programs at nine child care sites
 - 3,686 children attended preschool programs at five preschool locations
 - 14,924 children and teens attended summer camp
- ▼ 53,483 children, adults, seniors and families received scholarships totaling \$1,950,323
- ▼ 883 children started the school year with confidence through the help of Bright Beginnings
- ▼ 3,620 Middle and High School teens attended Teen Nights at the YMCA
- ▼ 2,453 volunteers worked a total of 41,413 hours
- ▼ 275 volunteer leaders and policy makers
- ▼ 1,050 full and part-time staff

2008 Financial Assistance

Membership	\$1,547,312
Preschool	\$217,130
Star Achievers	\$188,356
School Age	\$132,821
Day Camp	\$102,407
Youth	\$10,168
Teen	\$3,039
Aquatics	\$1,925
Physical Education	\$668
Wellness	\$144
Older Adult	\$50
TOTAL	\$2,204,019

