



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROGRAMS FOR ALL AND A BETTER COMMUNITY

When you join the Y, you're coming together with men, women and children from your community who are committed to youth development, healthy living and social responsibility.

- We are an independent non-profit organization.
- Each YMCA uniquely effects the community it serves.
- No one is ever turned away for the inability to pay.
- We put Christian principles into practice through programs that build healthy spirit, mind and body for all.

No Contracts

Free Wellness Orientations

Free Child Watch and Youth Watch

Free Group Exercise Classes

Free Water Aerobics Classes

Family Fun Nights

Exclusive Member Discounts

Child and Adult Sports

Art and Music Programs

Day and Overnight Summer Camps

Teen Programs

Active Older Adult Programs

Child Care

14 YMCA Locations on the Greater Peninsula

