

Youth Super Sports

Building Winners for Life

At the YMCA, youth sports is as much about building character as it is about learning sports skills.

The YMCA introduces Youth Super Sports this fall. Youth Super Sports is the YMCA's new progressive youth sports program that combines the marvelous philosophy of past YMCA youth sports programs with new program concepts. Children learn character values as well as sports skills and tactics by incorporating fun and creative games during every practice. These "Games Approach" sessions prepare players for weekly competitions throughout the season.

There are 3 components to YMCA Super Sports

YMCA Rookies

Developmental program that teaches young players basic skills and strategies of the sport while incorporating our character values of caring, honesty, respect, and responsibility. Rookies consists of 2 age groups; 4-5 years and 6-7 years.

YMCA Winners

Competitive, unique, values-based sports program for older boys and girls that develops skills and tactics while keeping our character values in play. Winners consists of 4 age groups; 8-9 years, 10-11 years, 12-13 years, and 14-16 years.

YMCA Champions

Designed to motivate youngsters to strive for excellence. It is an innovative, challenging awards program for youth ages 8-16 years participating in YMCA Winners.

The 7 pillars of Youth Super Sports

Pillar 1 - Everyone Plays

Pillar 2 - Safety First

Pillar 3 - Fair Play

Pillar 4 - Positive Competition

Pillar 5 - Family Involvement

Pillar 6 - Sport for All

Pillar 7 - Sport for Fun

YMCA Youth Super Sports

Soccer, Flag Football, Basketball, Baseball and T-Ball.

For more information on Youth Super Sports offered see your YMCA Spirit, call or come in and inquire at the Welcome Center, or go to www.peninsulaymca.org.

Sports offered vary by community; please check with your local YMCA for availability.