



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRENGTHENING FAMILIES AND COMMUNITIES



**2010 ANNUAL REPORT**  
**PENINSULA METROPOLITAN YMCA**

# EFFICIENT GROUNDED FOCUSED

Dear Friends:

The Peninsula Metropolitan YMCA continues to find ways to serve more people during difficult times. In 2010, we worked more efficiently, reducing expenses without reducing services. We understand that Peninsula residents need the YMCA more than ever, and our dedicated staff, volunteers, and donors are doing all they can to make each of our branches and camps a home away from home.

The YMCA's strength is in the people that we bring together to foster health in spirit, mind and body. We have strengthened our programs in a challenging economic environment offering more signature programs for teens, older adults, and families than in prior years.

We work hard to make sure our Y programs instill caring, honesty, respect, responsibility and faith. We taught over 8,000 kids to swim, offered exercise classes for people with disabilities, and led over 200,000 participants in adult group exercise classes. We also offer other programs in response to community needs, including camping, child care, teen programs, youth sports, family nights, mentoring and the arts. In all, the Peninsula Metropolitan YMCA had 738,416 service opportunities in 2010.

It is a tribute to the YMCA's value that our donors supported our annual campaign with record contributions in 2010. This campaign raised \$1,013,846, exceeding our goal and allowing us to offer more Peninsula area families financial assistance for YMCA memberships and programs.

While grounded in the present needs of our community, the Y has also looked ahead to the future, completing a strategic plan that gives us new goals and objectives through 2013. This exciting process involved the energetic input of more than two-hundred diverse community members. Our plan outlines a direction that targets our efforts around strengthening families and communities. Our focus will be supporting families and youth, improving health and well-being, serving others, and ensuring a legacy. Thank you for the part you play helping to build healthy, confident, connected and secure communities.

Most Sincerely,

Danny L. Carroll, Executive Director  
Debra Flores, President of the Board 2010 - 2012



Debra Flores  
President of the Board

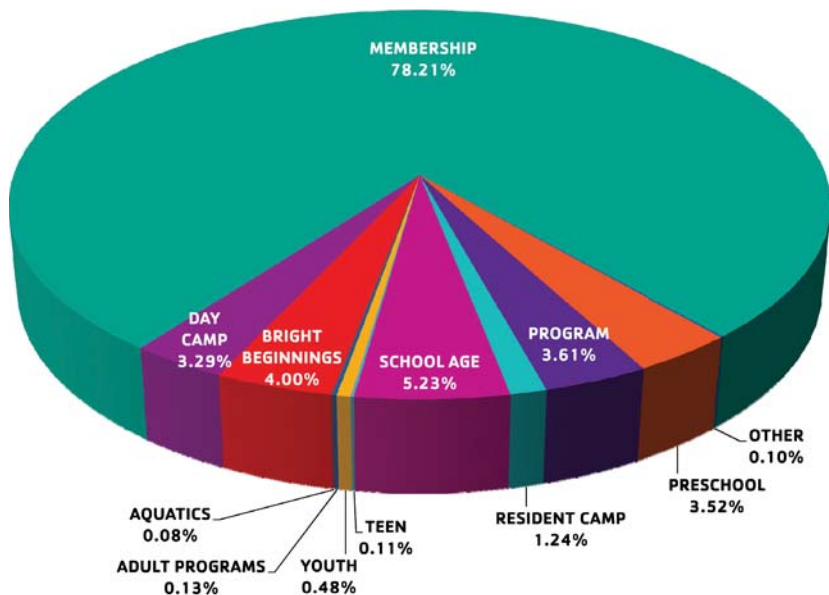


Danny L. Carroll  
Executive Director

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

# SUPPORTING OUR NEIGHBORS

## 2010 Financial Assistance



Membership	\$2,342,084
School-Age	\$156,747
Bright Beginnings	\$119,825
Program	\$107,988
Preschool	\$105,278
Summer Camp	\$98,617
Resident Camp	\$37,132
Youth	\$14,319
Adult Programs	\$3,785
Teen	\$3,164
Other	\$3,000
Aquatics	\$2,537
<b>Total</b>	<b>\$2,994,476</b>

What sets the YMCA apart from other community centers is our mission to provide membership and programs to everyone who wants to participate.

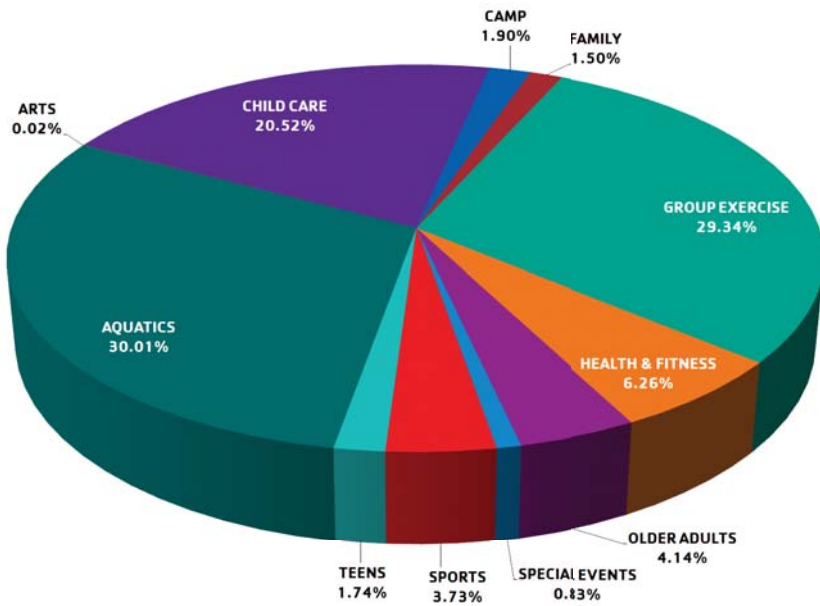
With our assistance, over 7,906 families with income below \$30,000 received reduced rates for membership and another 19,565 participated in programs. Funds for assistance are donated through our Strong Communities Annual Giving Campaign and the United Way.



I couldn't have ever joined the Y without the Guardian program; I am happy to help out every way possible to repay the kindness I've been shown while being there.

Elizabeth Gwathney, NEWPORT NEWS FAMILY YMCA

# 2010 Service Opportunities



Aquatics	221,597
Group Exercise	216,652
Child Care	151,549
Health & Fitness	46,243
Older Adults	30,592
Sports	27,546
Summer Camp	14,053
Teens	12,828
Family	11,072
Special Events	6,142
Arts	142
<b>TOTAL</b>	<b>738,416</b>

- ▼ 738,416 program service opportunities were provided in 2010
  - 8,175 swim lessons were taught
  - 22,498 children attended after school programs at sixteen child care sites
  - 4,494 children attended preschool programs at five preschool locations
  - 14,053 children and teens attended summer camp
- ▼ 79,983 children, adults, seniors and families received scholarships totaling \$2,994,476
- ▼ 1,118 children started the school year with confidence through the help of Bright Beginnings
- ▼ 275 middle and high school teens attended Teen Nights at the Y
- ▼ 2,892 volunteers worked a total of 44,923 hours
- ▼ 325 volunteer leaders and policy makers
- ▼ 1,065 full and part-time staff

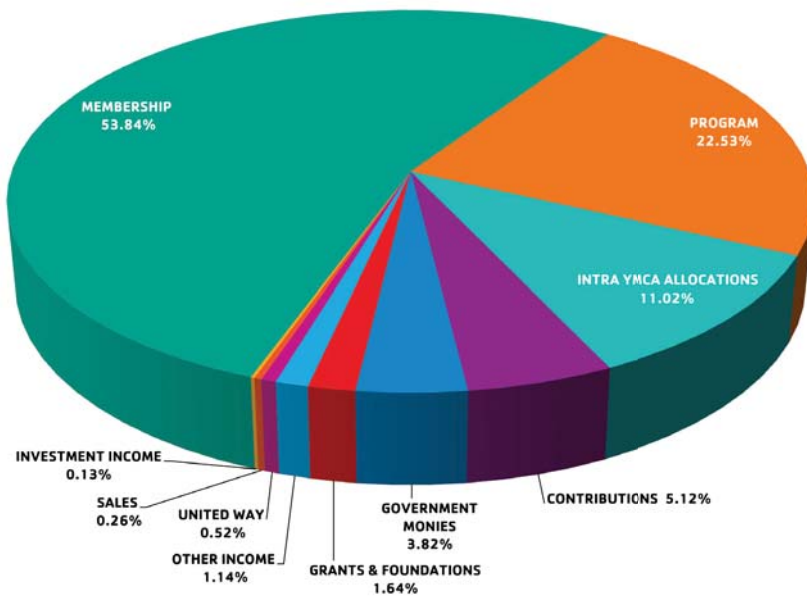
I believe that Hampton has a very great need for us to support families and their children. What I love about the Y is that no one is turned away; so that mom who wants to go to work but can't afford child care comes in to us and we make it possible.

Susan Smith, HAMPTON FAMILY YMCA



# IMPROVING HEALTH AND WELL-BEING

## 2010 Income Percentages



Membership	\$10,660,364
Program	\$4,460,061
Intra YMCA Allocations	\$2,181,184
Contributions	\$1,013,846
Government	\$755,504
Grants & Foundations	\$324,041
Other Income	\$225,104
United Way	\$103,436
Sales	\$50,591
Investment Income	\$25,746
<b>Total</b>	<b>\$19,799,877</b>

The YMCA is an agency of the United Way. Your gifts to United Way help children and youth thrive, strengthen and support families, promote self-sufficiency for the disabled, create safe neighborhoods, and care for the needs of our aging populations. You may designate your United Way contribution to the Peninsula Metropolitan YMCA by specifying agency number 7031.



The Y is a very vital part of this community. We live in a very remote area and service availability for many things lacks; so the Y provides, not only the health and wellness component for people of all age groups in the community, but it also provides some vital services for children and youth.

Paul Sciacchitano, NORTHERN NECK FAMILY YMCA

# Statement of Operations

Peninsula Metropolitan YMCA  
as of December 31, 2010

## Income Statement\*

<b>Revenues</b>	<b>2009</b>	<b>2010</b>
Contributions	808,361	1,013,846
Grants & Foundation Gifts	458,130	324,041
United Way	114,361	103,436
Government Monies	722,942	755,504
Membership	10,971,522	10,660,364
Program	4,443,053	4,460,061
Sales of Supplies and Services	42,083	50,591
Investment Income	25,164	25,746
Other Income	193,379	225,104
Intra YMCA Allocations	2,071,479	2,181,184
<b>Total Income</b>	<b>\$19,850,474</b>	<b>19,799,877</b>

<b>Expenditures</b>	<b>2009</b>	<b>2010</b>
Salaries and Wages	8,812,952	8,715,576
Employee Benefits	886,021	910,028
Payroll Taxes	775,943	746,828
Purchased or Contract Service	930,296	872,295
Supplies	1,285,791	1,403,110
Telephone	104,748	103,036
Postage	30,221	25,350
Occupancy	1,422,969	1,383,589
Equipment	200,866	184,567
Promotion & PR	128,846	102,637
Travel & Transp Expenses	148,285	173,267
Conferences, Conv & Meetings	197,068	190,697
Dues	365,547	364,335
Financing	1,041,746	1,162,073
Other Expenses	10,453	17,729
Intra YMCA Alloc of Expense	1,691,836	1,683,677
Reserve Funds	1,816,886	1,761,083
Fixed Asset Purchases	-	-
<b>Total Expense</b>	<b>\$19,850,474</b>	<b>19,799,877</b>

\*Unaudited

What's just fantastic is, you don't have to have a lot of money. If you want to exercise, if you truly want to go to the Y and be a beneficiary of what the Y has to offer, you can!

Don West, R.F. WILKINSON FAMILY YMCA



# NURTURING THE POTENTIAL OF CHILDREN AND TEENS

The following individuals are recognized for their passion to help others and to make their community a better place for all to live. Their actions exemplify the mission of the Y and are our foundation for strengthening communities.

## Youth Development Award



LaMonte Williams

## Healthy Living Award



Robert R. Harper, Jr.

## Social Responsibility Award



Pim Montgomery

## 2010 Metropolitan Board Leadership



Debra Flores  
President

Sentara CarePlex Hospital  
Administrator/Vice President



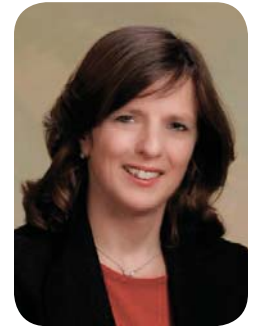
Bill Ermatinger  
Vice President

Northrop Grumman Shipbuilding  
Sector Vice President,  
Human Resources  
& Administration



Guy Buck  
Treasurer

Drucker and Falk, LLC  
Chief Financial Officer



Robyn Hansen  
Secretary

Jones, Blechman, Woltz & Kelly PC  
Attorney at Law



Our Y serves so many purposes, it serves a Christian role for families that might not go to church and gives children that aspect that they don't get in public schools. It serves for after school for the enrichment that the children get so they're not latchkey kids. Our community just doesn't have a lot, so the Y serves for everything.

Kristy Packett, RICHMOND COUNTY FAMILY YMCA

## Branch Leadership, 2011 Board Chairs

Camp Kekoka . . . . .Theresa Gholson  
Greater West Point . . . . . Donna Callis  
Hampton . . . . . Patrick Walker  
Luter . . . . . Chad Baker  
Mathews . . . . . Betsy Ripley  
Middlesex . . . . . Shelley Hodges  
Newport News . . . . . John Gerke

Northern Neck . . . . . Myrtle Phillips  
Northumberland . . . . . Denise Munns  
R. F. Wilkinson . . . . . Kim Van Sickle  
Richmond County . . . . . Greg White  
Star Achievers Academy . . . . . Davena Andress  
The First Tee . . . . . Dr. Patrick Parcells  
Victory . . . . . Brett Noll

---

## YMCA Programs Strengthen the Core of Your Community

People are the core-strength of every community and when people are strong and healthy in spirit, mind and body, they are able to work together better, to help each other more, and to make positive changes to make their community an even better place to live and work for everyone.

With a presence in thousands of communities across the nation, the Y works every day to make sure everyone has the opportunity to learn, grow and thrive. We became a leading nonprofit by helping people everywhere develop the skills and relationships they need to be healthy, confident, and connected to others. Parents desire a safe environment in which children can learn practical and social skills and develop positive values. Kids want to exert energy, discover who they are, what they can achieve, and be accepted among each other. Adults want to learn more, do more, and live more healthily. We nurture life lessons in kids, foster health and well-being among people of any age, bring people together to pursue passions old and new, and provide mutual support for everyone in our neighborhoods.

I've been around the Y since I was 17. When asked to serve on the board, I just thought it was my duty to do this for my Y. I have a wonderful sense of self-satisfaction that my kids have learned from the Y, as I did, and now we're giving back.

Leslie Effler, LUTER FAMILY YMCA



# LEADERSHIP COMMITTED TO THE CAUSE

## BOARD OF DIRECTORS

Debra Flores, President  
William R. Ermatinger, Vice President  
Guy Buck, Treasurer  
Robyn Hansen, Secretary

Reid Abell  
William C. Cowardin, Jr.  
Joe Fernandes  
Randy Hildebrandt  
Leigh Houghland  
Caroline Hurt  
Thomas W. Morris, Jr.  
Ronald A. Perry  
Robert F. Shuford, Jr.  
Tricia White

Anne C. H. Conner  
Frank A. Edgar, Jr.  
Pete Henderson  
Bruce Hoogstraten  
T.N. Hunnicutt, III  
Tom Kenney  
Walter "Cap" Neilson  
Robert M. Pfeifer  
Jeff Whitaker  
Nhu Yeargin

## NEWPORT NEWS FAMILY YMCA

Est. 1896

John Gerke, Chairman  
LaMonte Williams, Vice Chairman  
Roger Hamilton, Treasurer  
Mark DiVincenzo, Secretary

Mary Aldrich  
Michael F. Carpenter  
Angela Dickens  
Carlus Fleming  
James Hooker  
Carrie Longo  
Michael Mulkey  
Gregory S. Ruffin  
Charles "Tripp" Spencer, III

Yvonne Bailey  
Rick Cole  
Lisa Emde  
John Gammel  
Frank Lash  
Sheila McAllister  
Zoran Pajevic  
Lane Shea

## HAMPTON FAMILY YMCA

Est. 1982

Jane B. Heiby, Chairman  
Patrick Walker, Vice Chairman  
Mark Hollingsworth, Treasurer  
Jane Abbott, Secretary

Erin Black  
Katie Campbell  
Joseph Drewry  
Robert R. Harper  
Cynthia Hudson  
Bo Montague  
Susan Smith  
Donald Whipple

Valerie Bowen  
Shelby Davis  
Ardenia Goodson  
Teresa Hayslett  
Jeff McLeod  
Ray Montgomery  
Susan Spence  
Rashard Wright

## NORTHERN NECK FAMILY YMCA

Est. 1992

Bill Lee, Chairman  
Myrtle Phillips Vice Chairman  
Paul Sciacchitano, Treasurer  
Kay Weiler, Secretary

Eska Beckstoffer  
Edna Davenport  
Melodie Fallin  
Amy Groh  
David Jones  
R. Danny Kiser  
Pim Montgomery  
Paul Sciacchitano  
Emily Walker

Ward Currin  
Ben Estes  
Michele Faulkner  
Frederick Johnson  
John Jones  
Frank H. Miller, Jr.  
Austin L. Roberts, III  
Kiersten Stinson  
Greg Williams

## R. F. WILKINSON FAMILY YMCA

Est. 1995

Kim Van Sickle, Chairman  
Leslie Schultz, Vice Chairman  
Peter Diakun, Treasurer  
Claudia Pierson, Secretary

Donald Buckless  
Katie Carpenter  
Paul Gerhardt  
Jennifer Muse  
Bill Smith  
Dr. Jane Tucker  
John Wilson

Denley Brown  
Tracey Dowling  
Beth Gossage  
Jeff Schell  
Catherine B. Swetnam  
Don West

## LUTER FAMILY YMCA

Est. 1995

Chad Baker, Chairman  
Charles Dairo, Vice Chairman  
Melinda Shortridge, Treasurer  
Audrey Kraemer, Secretary

Dr. John Caggiano  
Theresa Edwards  
Jennifer Forbes  
Dr. Emmeline Gasink  
Sue Ivy  
Darrin Lindsay  
Perry Moss  
Don Robertson  
Stephen Serafini  
Kelly Tice

Charlene Chotalal  
Leslie Effler  
Christian Frantz  
Justin Hardwick  
Tonya Jones  
Mary Mitchell  
Margo Reed  
Renee Rountree  
Dr. Jim Sharps  
Amber Wells

## STAR ACHIEVERS ACADEMY YMCA

Est. 1995

Davena Address, Chairman  
Gary B. Hunter, Vice Chairman  
Dr. Thomas E. Pinelli, Secretary

Shawn Avery  
Vivian David  
Joan Harper-Neely  
Ronald Jefferson  
Hank Lewis  
L. Elizabeth McCoury  
Sharnya Smith  
Chevese Thomas

Dr. Jean Braxton  
Melvin Ferebee  
Chavis Harris  
Dr. Patricia Johnson, Ed.D  
L. Richard Love  
Shann Rufer  
Dan Summers  
Priscilla Warsley



I have absolutely enjoyed being involved with my kids at Star Achievers; but what I love most is seeing the enjoyment of the kids and I think that enjoyment is measurable in the sense of their accomplishments.

Dr. Thomas E. Pinelli, STAR ACHIEVERS ACADEMY YMCA

**RICHMOND COUNTY FAMILY YMCA**  
**Est. 1996**

Greg White, Chairman  
Aime Jenkins, Vice Chairman  
Cindy West, Treasurer  
John A. Brown, Secretary

Richard Billings  
Anastasia Cleary  
Michelle Hinson  
Debra Mitchell  
Tracie Mothershead  
Jason Patton  
Angela Ptucha  
Sharon Taylor  
Virginia Mae Wilkins

David Christopher  
Chuck Dunnington  
Malissa McKenney  
Bonnie Morris  
Kristy Packett  
Janie Peyton  
Regis Slaw  
Dr. Natalie White

Jeanne' Anderson  
Ken Colgan  
Johnny Francum  
Dale Goodman  
Mary M. Greenman  
Rod Huskey  
Christine Matthews  
Vivienne Moore  
Dennis Neill  
Patricia L. Robertson  
Timothy O. Trant, II

**VICTORY FAMILY YMCA**  
**Est. 2000**

Brett T. Noll, Chairman  
Mary Lugo, Vice Chairman  
Geoffrey Shoemaker, Treasurer  
Robert W. Elsass Jr., Secretary

Dru Bowman  
Elmer O. Fisher, Jr.  
Brian P. Fuller  
Chad Green  
Frank W. Haislip  
Dr. Nelson Keller  
William C. Monroe  
Clement Morrissey  
Michelle Pollock  
Darlene Stephenson

**MATHEWS FAMILY YMCA**  
**Est. 2001**

Betsy Ripley, Chairman  
Paige Ashby, Vice Chairman  
Dan Webster, Treasurer  
Charlie Koenig, Secretary

Morris "Buzz" Busby  
Pat Griffin  
Bill Higdon  
Jim Jackson  
Tom Karow  
Dale Mitchem  
Richard "Dick" Phillips  
Dan Webster  
Lisa White  
Bob Wohlfort

Karen Clendenin  
Cynthia Hayes  
Tim Hill  
Lee Jackson  
Dyanne Lathan  
Brenda Moore  
Lu Spotswood  
Jack White  
Stacie Wiatt

**NORTHUMBERLAND FAMILY YMCA**  
**Est. 2002**

Denise Munns, Chairman  
Jane Crowther, Vice Chairman  
Dr. Stephen Radcliffe, Treasurer  
Karen Curry, Secretary

Robert Bailey  
Jane Crowther  
Merthia Haynie  
Vincent Hanie  
Larry Jennings  
Stacey Lee  
Nathan Moore  
Mary Lynn Slaughter  
Todd Thomas  
Edith Withers

Ronnie Cantrell  
Monty Deihl  
Shirley Haynie  
Jason Hughes  
Robert Kane  
Charles McKerns  
Marion Rowe  
Bernice Smith  
Charles Wilkins

Diane Cox Basheer  
Bill Cawthorn  
Roland "Buzz" Harris  
Leroy Holt  
Judy Mansfield  
Cynthia Reede-Fisher  
Lynne richardson  
Cathy Snowden  
Lee Walton  
Elizabeth Young

**MIDDLESEX FAMILY YMCA**  
**Est. 2003**

Shelley Hodges, Chairman  
Cean Cawthorn, Vice Chairman  
Jerry McMurtrie, Treasurer  
Cathy Putnick, Secretary

Jack Blackburn  
Henry Easton  
Beverly Hart  
Robert Lovell  
Dr. Edward Radcliffe  
Darla Revere  
Kris Scherrer  
Tom Thomas  
Page Wittkamp

**GREATER WEST POINT FAMILY YMCA**  
**Est. 2007**

Donna Callis, Chairman  
Mary Diggs, Vice Chairman  
Larry Dillon, Treasurer  
Patricia Roane, Secretary

Van Acree  
Cathy A. Bray  
Tamara Carver  
Charles Davis  
Robin Lawson  
William Lee  
Lorianne Smith  
Mark Ware

Virginia K. Blaska  
Carolyn Buckner  
John Crowder  
Vincent Hodge  
Earlene Lawson  
Sharon Moskalski  
Lynn Vogel  
Avril Williams

**YMCA CAMP KEKOKA**  
**Est. 2007**

Theresa Gholson, Chairman  
Kevin McGrath, Vice Chairman  
Lee Anne Washington, Treasurer  
Carol Burke, Secretary

Mark Bergin  
Brulinda Cofresi-Toro  
Marcus Downey  
Burke Johnson  
Walter "Cap" Neilson  
Mathew Shifflett  
Chuck Young

Ryan Clinch  
Jack Compton  
Meredity Geier  
Diana J. Lingle  
Bill Price  
Kammy Stern  
Julie Zimmerman

**THE FIRST TEE OF THE VIRGINIA PENINSULA**  
**Est. 2010**

Dr. Patrick Parcells, Chairman  
Paul Short, Treasurer

Robert L. Bailey  
Greg A. Enterline  
Skeeter Heath  
Patricia Lewis  
Del. Glenn Oder  
Joseph H. Spencer, II  
A.G. Womble, Jr.

Mark Cotton  
Hank Hankins  
Lars E. Lassen  
Mona Mazonkey  
Sandy Schuler  
Allen C. Tanner, Jr.  
Dr. Charles A. Wooding

I think the community benefits because we are an organization that is looking out for the best interests of the whole family, not just the youth. Senior citizens and teens come here too; it's a safe environment with fun, wholesome activities. I think that makes the community stronger too.

William C. Monroe, VICTORY FAMILY YMCA



# THE FUTURE IS AT HAND

## 2010 Teen Volunteers of the Year

Young people need a variety of positive experiences and qualities to grow up to be caring, competent, responsible members of the community. A healthy outlook of themselves, their role in the community, and how they can have impact in a complicated world will lead to success, empowering them to find ways to deal with and solve the problems and issues surrounding us today.

GREATER WEST POINT FAMILY YMCA . . . . .	Tess Lee
HAMPTON FAMILY YMCA . . . . .	Maggie Jackson
LUTER FAMILY YMCA . . . . .	Dannielle Langley
MATHEWS FAMILY YMCA . . . . .	Kate van Emmerik
MIDDLESEX FAMILY YMCA . . . . .	Molly Perkins
NEWPORT NEWS FAMILY YMCA . . . . .	Zoe Walton
NORTHERN NECK FAMILY YMCA . . . . .	Sydney Shivers
NORTHUMBERLAND FAMILY YMCA . . . . .	Diane & Sarah Kelly
RICHMOND COUNTY FAMILY YMCA . . . . .	Taylor Shackelford
R.F. WILKINSON FAMILY YMCA . . . . .	Liz Lee
VICTORY FAMILY YMCA . . . . .	Jordan Ludwig
WESTMORELAND FAMILY YMCA . . . . .	Alexa Weeks



Just being a part of the Y is its own reward. It's knowing that you're helping, and knowing that the people who can't afford to join are able to because we work to get the money for them through the Strong Communities campaign and Guardian program.

Charlie Koenig, MATHEWS FAMILY YMCA

# YMCA Endowment Fund

The Peninsula Metropolitan YMCA is a place where all people are encouraged to develop their fullest potential in spirit, mind and body. A commitment to Heritage Club membership is the strongest statement of support that a friend of the YMCA can make.

The Heritage Club is composed of individuals who have made an outright gift of cash or appreciated assets, or a planned gift through life insurance, will, charitable trust, or annuity to the YMCA's endowment fund.

When people are asked why they contribute to charitable causes, they sometimes list financial benefits, but more often donors respond with answers such as, "Just because it feels good!" The best giving plan for you is the one that satisfies your goals. Ask a YMCA representative to help you choose a gift opportunity that best expresses your generosity.

## Heritage Club

M.J. Anderson  
Davena Andress  
William & Sally Andrews  
Terry Beatley  
Philip & Donna Belfield  
Michael & Sondra Bennett  
Linda Berling  
Robert R. & Debbie Brown, Sr.  
Jim & Leslie Bryant  
Donald Buckless  
Tom & Diana Carnevale  
Danny & Ginny Carroll  
Weston "Bitzie" Conley  
Rusty Copeland  
William C. & Connie Cowardin, Jr.  
Ollie Creekmore  
Frank A. & Anne Edgar, Jr.  
Melanie L. Erickson  
Mark & Vickie Favazza  
Victor & Debra Flores  
Diane Hagemann  
Frank Haislip  
Robyn H. Hansen  
Pete & Connie Henderson  
H. Dieter & Mary Lib Hoinkes  
Mark & Patsy Hollingsworth  
Bruce Hoogstraten

James D. Hooker  
T.N. & Ann Hunnicutt, III  
Caroline Hurt  
Pete & Josephine Kovalcik  
Buzz & Robin Lambert  
Cassie Leichty  
Clare Lorio  
Joe & Frances Luter  
Ron & Joyce Melvin  
Angela R. Miller  
Pim Montgomery  
Thomas W. & Carolyn Morris, Jr.  
Carl & Kimberly Moser  
Walter "Cap" & Linda Neilson  
J. Davis & Mary Patterson, III  
Robert M. & Karen Pfeifer  
James R. & Suki Pierce  
Sheila Pillath  
Robert W. Powell  
Bill & Davetta Rinehart  
Austin L. Roberts  
Robinson Family Trust  
Ken & Caroly Schmalenberger  
Jim Sease  
Conway H. Sheild, III  
Cristian & Kristen Shirilla  
Geoff & Jennifer Shoemaker

Robert F. & Lori Shuford, Jr.  
Robert F. Shuford, Sr.  
Charles R. & Anne Spencer, Jr.  
Charles "Tripp" Spencer, III  
Deb Staszewski  
Robert Steele  
Patrick D. Walker  
Kathy Wall-Eskridge  
C. Dwight West  
Jeff Whitaker  
Mike & Tricia White  
Karen Wilds  
Sandra D. & Robert Young  
Joe Ziglar

In Memory of:  
Richard F. Abbott  
Elizabeth & Ed Ewen  
Raymond L. Gordon, Jr.  
Windell H. Hussey  
James E. Maloney  
Mike B. Mausteller  
G. Bernard Smith  
The Estate of Grietja Van Luyn  
Nicole R. White

When I first started working with the Y, I thought, like everybody does, that it was just a place to exercise. I've learned a lot about the Y in the past five years. It's a place to build our mind and spirit also, and just to have this community come together as one big community. I'm really looking forward to having a place where kids can go and families can go and know it's a safe place for them.

Denise Munns, NORTHUMBERLAND FAMILY YMCA





One day I walked into the preschool room and all the little ones were lined up like perfect little ducklings; a little girl came over to me and tugged on my sleeve and said 'I have a grandpa too!' That was such a warm feeling, but how the kids and families benefit from all our wonderful programs is what really makes me smile.

Bob Lovell, MIDDLESEX FAMILY YMCA

For someone like me who grew up around the water and loves the bay, Camp Kekoka is an excellent chance to expose kids to that. Especially kids who don't live near water can learn sailing, swimming, water sports, water skiing; there's all sorts of things that they can do that they will probably never forget.



Burke Johnson, YMCA CAMP KEKOKA



I can't imagine not being involved with our Y. I like the way that it pulls families from all economic status' and backgrounds together. We don't have any one area at our Y that isn't multi-cultural; and I love that.

Indi Anderson, WESTMORELAND FAMILY YMCA

For me personally, to be able to support some other children whose families couldn't afford to let their kids participate in the special programs like the Y offers, is really important. You go out to the soccer field and it is full of happy faces!



Mary Diggs, GREATER WEST POINT FAMILY YMCA



Golf and kids – what a great combination to work with! When I was approached to be involved with 'The First Tee of the Virginia Peninsula,' it was easy to enthusiastically say 'Yes!' I was happy to be involved as the board chair and everyone we asked to serve on the board was also enthusiastic – which made the job easy.

Dr. Patrick Parcels, THE FIRST TEE OF THE VIRGINIA PENINSULA



Deeply rooted in your community, our movement is made up of people of all ages and from every walk of life, all working side-by-side to ensure that everyone, regardless of gender, income or background, has the opportunity to live life to its fullest. We value caring, honesty, respect and responsibility, and everything we do stems from this. The Peninsula Metropolitan YMCA meets the needs of over a half-million people in unique communities located throughout the Peninsula, Isle of Wight County, and the Middle and Upper Peninsulas of Virginia.

### Facility Locations:

**GREATER WEST POINT FAMILY YMCA**  
3135 King William Avenue  
West Point, VA 23181

**HAMPTON FAMILY YMCA**  
1322 LaSalle Avenue  
Hampton, VA 23669

**LUTER FAMILY YMCA**  
259 James Street  
Smithfield, VA 23430

**MATHEWS FAMILY YMCA**  
10746 Buckley Hall Road  
Mathews, VA 23109

**MIDDLESEX FAMILY YMCA**  
11487 General Puller Highway  
Hartfield, VA 23071

**NEWPORT NEWS FAMILY YMCA**  
7827 Warwick Boulevard  
Newport News, VA 23607

**NORTHERN NECK FAMILY YMCA**  
39 William B. Graham Court  
Kilmarnock, VA 22482

**R.F. WILKINSON FAMILY YMCA**  
301 Sentara Circle  
Williamsburg, VA 23188

**RICHMOND COUNTY FAMILY YMCA**  
45 George Brown Lane  
Warsaw, VA 22572

**VICTORY FAMILY YMCA**  
101 Long Green Boulevard  
Yorktown, VA 23693

### Program Locations:

**NORTHUMBERLAND FAMILY YMCA**  
59 Monument Place  
Heathsville, VA 22473

**STAR ACHIEVERS ACADEMY YMCA**  
P.O. Box 7593  
Hampton, VA 23666

**THE FIRST TEE OF THE VIRGINIA PENINSULA**  
101 Long Green Boulevard  
Yorktown, VA 23693

**THE WILEY CHILD DEVELOPMENT CENTER**  
458 Harris Road  
Kilmarnock, VA 22482

**THE YMCA CHILD DEVELOPMENT CENTER AT COLONIAL WILLIAMSBURG**  
117 Information Center Drive  
Williamsburg, VA 23185

**WESTMORELAND FAMILY YMCA**  
18849 Kings Highway  
Montross, VA 22520

**YMCA CAMP KEKOKA**  
1083 Boys Camp Road  
Kilmarnock, VA 22482



## PENINSULA METROPOLITAN YMCA

101 Long Green Blvd., Yorktown, VA 23693 (757) 223-7925  
peninsulaymca.org

Executive Director  
Danny L. Carroll  
Chief Operations Officer  
Tom Carnevale  
Chief Financial Officer  
Sandy Young  
Human Resources Officer  
Davetta Rinehart  
Associate Operations  
Director  
Kim Moser  
Regional Executive  
M.J. Anderson

Regional Executive  
Deb Staszewski  
Director of Program and  
Membership Development  
Paul Anderson  
Director of Association  
Advancement  
Leslie Bryant  
Marketing Director  
Melanie Erickson  
Information Technology  
Director  
Louise Perreault

Executive Assistant  
Erica Maynard  
Graphics Associate  
Kathy Baba  
Administrative Specialist  
Sheila Branson  
Association Property  
Director  
Mark Bunn  
Membership & Technology  
Specialist  
Nancy Byrum  
Accounting Clerk  
Joanna Garcia

Human Resources  
Administrator  
Debbie Harrison  
Accounting Clerk  
Soyphet Kompradith  
Training and Recruitment  
Director  
Kathy Peterson  
Administrative Assistant  
Lisa Weinreich  
Administrative Associate  
Marla Wilson