

# MEMBERSHIP FOR ALL



**Now the YMCA is more accessible than ever!**

## Membership Rates

Unlimited usage of all Peninsula Metropolitan YMCA and YMCA of Greater Richmond facilities

MEMBERSHIP TYPE	JOINING FEE	MONTHLY DUES	ANNUAL HOUSEHOLD INCOME			
			\$50,000 - \$59,999	\$40,000 - \$49,999	\$30,000 - \$39,999	Below \$30,000
<b>INDIVIDUAL</b> 18+ Years (Age 60+ no Joining Fee)	<b>\$50</b>	<b>MONTHLY DUES</b>	\$48	\$42	\$35	\$26
<b>ONE ADULT FAMILY</b> One adult and his/her dependent children	<b>\$75</b>		\$57	\$51	\$42	\$33
<b>FAMILY</b> Two adults living in the same household and their dependent children	<b>\$100</b>		\$71	\$63	\$53	\$40
<b>TEEN</b> 13 - 17 years of age	<b>\$0</b>		\$25	\$22	\$18	\$14

**1040 TAX FORM REQUIRED**

**Guardian**  
YMCA Financial Assistance Program

### Community Memberships

Community Members have access to YMCA facilities of the Peninsula Metropolitan YMCA and the YMCA of South Hampton Roads. Ask for rates at the Welcome Center.

For households making less than \$60,000 annually, Membership FOR ALL offers an affordable rate based on your income. To receive this rate, present a copy of your most recent 1040 tax form to the Member Services staff at your local YMCA.

Once you complete the simple membership application, you're on your way to becoming our newest member. If your financial situation is more complicated than that, ask about the YMCA's Guardian Program. We consider your overall situation, including the number of dependents, monthly income, and expenses, to ensure that we are able to make our programs and services accessible to all. Guardian Members pay no joining fee.

**Guardian**  
YMCA Financial Assistance Program

Because our mission is to serve all people, we strive to make scholarships available to any person who wants to participate in a YMCA program or service and needs financial assistance. Applying for the Guardian Program is completely confidential. Scholarships are based on an applicant's income. Please ask how the Guardian Program can assist you or your family.

**Strong Communities**  
YMCA annual charitable giving campaign


Strong Communities is the YMCA's annual charitable giving campaign. The donated funds are used to support our many community programs like Bright Beginnings, Family Volunteer Day, and Holiday Giving as well as YMCA membership and program fees for those who want to participate but are not financially able to do so. Please consider the YMCA as one of your charities of choice when making your giving decisions. Ask your YMCA Branch Director for specific information about how your donation serves your community.



**Peninsula Metropolitan YMCA**

We build strong kids,  
strong families,  
strong communities.

## Services Available at YMCA Locations

	Hampton	Luter	Newport News	Northern Neck	R.F. Wilkinson	Victory
Multipurpose Gym	✓	✓	✓	✓	✓	✓
Indoor Track	✓					✓
Outdoor Track	✓		✓			
Climbing Wall						✓
Swimming Pool	✓	✓	✓	✓	✓	✓
Racquetball Courts			✓	✓		✓
State of the Art Fitness Equipment	✓	✓	✓	✓	✓	✓
FitLinxx	✓	✓	✓	✓	✓	✓
Free Weights	✓	✓	✓	✓	✓	✓
Cardio-Theater	✓	✓	✓	✓	✓	✓
Exercise Bicycles	✓	✓	✓	✓	✓	✓
Treadmills	✓	✓	✓	✓	✓	✓
Stair-Climbers	✓	✓	✓	✓	✓	✓
Cross-Trainers	✓	✓	✓	✓	✓	✓
Whirlpool					✓	✓
Sauna	✓		✓	✓	✓	✓
Steam Room				✓		
Locker Rooms	✓	✓	✓	✓	✓	✓
Family Locker Rooms	✓	✓	✓		✓	✓
Child Watch	✓	✓	✓	✓	✓	✓
Youth Care	✓	✓	✓		✓	✓
Teen Center		✓		✓		✓
Group Exercise Classes	✓	✓	✓	✓	✓	✓
Yoga	✓	✓	✓	✓	✓	✓
Group Cycling	✓	✓	✓		✓	✓

## Membership Benefits

Added benefits for members include **free** group exercise classes, yoga, racquetball reservations, individualized fitness orientations, fitness evaluations, water fitness classes and drop in nursery/ youth center services for our family members. **Reduced program fees** with YMCA membership.

## Payment Programs

### Bank Draft Program

Monthly dues are automatically withdrawn from your checking or savings account each month.

### Annual Payment Program

Annual payments are also available which are equal to twelve monthly payments. Most major credit cards are accepted.

## Be a Member of the YMCA Family

- Join the Peninsula Metropolitan YMCA and take part in a tradition of affordable health, fitness and family programs for all ages.
- Be a part of the warm and friendly atmosphere that offers a variety of wellness programs and full service fitness facilities.
- Be a member of a non-profit community organization dedicated to enriching the lives of all.
- Ys help people develop values and behavior that are consistent with Christian principles. Ys are for people of all faiths, races, abilities, ages and incomes. No one is turned away for inability to pay. YMCA's strength is in the people they bring together.

Visit us on the web at  
[www.peninsulaymca.org](http://www.peninsulaymca.org)

### Hampton Family YMCA (757) 722-9044

Monday - Friday 5:30 a.m. - 10:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.  
Sunday 1:00 p.m. - 5:00 p.m.

### Luter Family YMCA (757) 365-4060

Monday - Friday 5:30 a.m. - 10:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.  
Sunday 1:00 p.m. - 5:00 p.m.

### Newport News Family YMCA (757) 245-0047

Monday - Friday 5:30 a.m. - 10:00 p.m.  
Saturday 7:00 a.m. - 5:00 p.m.  
Sunday 1:00 p.m. - 5:00 p.m.

### Northern Neck Family YMCA (804) 435-0223

Monday - Thursday 5:30 a.m. - 8:00 p.m.  
Friday 5:30 a.m. - 7:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.  
Sunday 1:00 p.m. - 5:00 p.m.

### R.F. Wilkinson Family YMCA (757) 229-9622

Monday - Friday 5:30 a.m. - 10:00 p.m.  
Saturday 7:00 a.m. - 5:00 p.m.  
Sunday 1:00 p.m. - 5:00 p.m.

### Victory Family YMCA (757) 867-3300

Monday - Friday 5:30 a.m. - 10:00 p.m.  
Saturday 7:00 a.m. - 5:00 p.m.  
Sunday 1:00 p.m. - 5:00 p.m.

Please contact the Upper Peninsula locations listed below as their individual location rates may vary slightly.

Mathews Family YMCA  
(804) 725-1488

Middlesex Family YMCA  
(804) 776-8846

Northumberland Family YMCA  
(804) 580-8901

Richmond County Family YMCA  
(804) 333-4117

Westmoreland Family YMCA  
(804) 493-8163

Greater West Point Family YMCA  
(804) 843-3300

