



## Recreation and Technology Center Schedule Northern Neck Family YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Adult/Family 5:30am-7:00am	Adult/Family 5:30am-7:00am	Adult/Family 5:30am-7:00am	Adult/Family 5:30am-7:00am	Adult/Family 5:30am-7:00am	
	Summer Camp 7:00am-10:00am	Summer Camp 7:00am-10:00am	Summer Camp 7:00am-10:00am	Summer Camp 7:00am-10:00am	Summer Camp 7:00am-10:00am	Adult/Family Time 7:30am-9:00am
	Adult/Family 10:00am- 3:00pm	Adult/Family 10:00am- 3:00pm	Adult/Family 10:00am- 3:00pm	Adult/Family 10:00am- 3:00pm	Adult/Family 10:00am- 3:00pm	
	Summer Camp 3:00pm-6:00pm	Summer Camp 3:00pm-6:00pm	Summer Camp 3:00pm-6:00pm	Summer Camp 3:00pm-6:00pm	Summer Camp 3:00pm-6:00pm	
Adult/Family/ Youth Time 1:00pm-5:00pm	Teen Time 6:00pm-8:30pm	Teen Time 6:00pm-8:30pm	Teen Time 6:00pm-8:00pm	Teen Time 6:00pm-8:30pm	Teen Center closes at 6pm on Fridays.	Adult/Family/ Youth Time 9:00am-5:00pm
A branch of the Peninsula Metropolitan YMCA						revised 6/24/08

**Adult Time:** Members 18 and older.

**Family Time:** Members under the age of 18 must be accompanied, by an adult 18 years or older, at all times.

**Youth Time:** Members 10-18 (Center is staffed by YMCA).

**Teen Time:** Members and Non-members 10-18 (Center is staffed by YMCA).

*Our Mission: To put Christian principles into practice through programs to build healthy spirit, mind and body for all.*

**Northern Neck Family YMCA . 39 Harris Road . Kilmarnock Virginia 22482 . 804.435.0223**