

REIMAGINE CAMP!

COUNSELOR IN LEADERSHIP TRAINING, AGES 13-16 VICTORY FAMILY YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DATES: JUNE 17-AUGUST 23, 2019

SEE REVERSE SIDE FOR MORE DETAILS & CAMP INFORMATION!

Victory Family YMCA 101 Long Green Blvd Yorktown, VA 23693 | 757 867 3300

Poquoson Primary 19 Odd Rd, Poquoson, VA 23662 | 757 659 0826

REVAMPED!

Members: \$86/weekly session

Program Participants: \$120/weekly session

*Program activities run from 9:00am-4:00pm, pre & post camp available

Guardian is available for qualifying families

Session 1: June 17-June 21

Theme – Caring

“Unless someone like you cares an awful lot, nothing is going to get better. It’s not.” – Dr. Seuss

Learn the importance of caring for others, yourself and the earth.

Session 2: June 24-June 28

Theme – Honesty

“Honest hearts produce honest actions” – Brigham Young

Explore why honesty truly is the best policy and how it affects leadership through group games and individual activities.

Session 3: July 1-July 5

Theme – Patriotism

“One flag, one land, one heart, one hand, our nation evermore” – Oliver Wendell Holmes

Research our nation’s greatest leaders and learn what they did to make a difference and leave a legacy.

Session 4: July 8-July 12

Theme – Respect

“A persons a person no matter how small” – Dr. Seuss

Focus on how respecting those around you will enhance your leadership and earn you respect.

Session 5: July 15-July 19

Theme – Responsibility

“Accept responsibility for your actions, be accountable for your results and take ownership for your mistakes”

Learn how accepting responsibility can take you from powerless to powerfull

Session 6: July 22-July 26

Theme – Diversity & Inclusion

“In Diversity there is beauty and there is strength” – Maya Angelou

Delve into the things that make us different and how we can use our differences together to change the world around us.

Session 7: July 29-August 2

Theme – Faith

“Don’t dig up in doubt what you planted in faith” – Elizabeth Elliot

Explore different types of faith and how they affect your leadership and success.

Session 8: August 5-August 9

Theme – Self-worth

“Once you realize your worth nothing can stop you!”

Learn self-esteem tips and do excersices to increase confidence.

Session 9: August 12 – August 16

Theme – Courage

“Courage doesn’t mean you don’t get scared. Courage means you don’t let fear stop you”

Explore ways to turn your fear into fearlessness.

Session 10: August 19 – August 23

Theme – Career Planning

“Failing to plan is planning to fail” – Allen Lakein

Career quizzes, resume building and interview tips.

ACHIEVEMENT RELATIONSHIPS BELONGING



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ARE YOU READY TO LEAD?

The C.I.L.T. program is a summer leadership experience focused on character development and team building. C.I.L.T.'s will work with campers, have their own field trips, and participate in daily leadership activities. Rewarding and challenging, the C.I.L.T. program is perfect for any growing leader. **For teens ages 13 – 16 years old.**



C.I.L.T LOCATIONS

Victory Family YMCA

101 Long Green Blvd Yorktown, VA 23693

Poquoson Primary

19 Odd Rd, Poquoson, VA 23662

Got questions? Lexi France, Youth & Family Director

Alexis.France@peninsulaymca.org | 757 867 3300 ext. 213

TYPICAL SCHEDULE AT A GLANCE

6:00AM – 9:00AM	Pre-Camp
9:00AM – 9:30AM	Opening Ceremony
9:30AM – 10:00AM	Devotion Lesson
10:00AM – 12:00PM	Team Building Games & Activities
12:00PM – 1:00PM	Lunch (*Send a lunch daily!)
1:00PM – 2:00PM	In Center Volunteering
2:00PM – 3:00pm	Shadow Counselors
3:00PM – 6:00PM	Post Camp

* C.I.L.T.'s will swim twice during the week at the Y.

FIELD TRIPS

SESSION 1	Bowling
SESSION 2	Sandy Bottom Nature Park
SESSION 3	4 th of July Party!
SESSION 4	Ocean Breeze Water Park
SESSION 5	Buckroe Beach
SESSION 6	Stem Fair @ The Air and Space Museum
SESSION 7	Pirates Cove Mini Golf
SESSION 8	Rebounderz
SESSION 9	Ice Skating
SESSION 10	Camp Carnival