BEST SUMMER EVER
DAY CAMP AT THE Y 2018 ACTIVITY CALENDAR

THEME: Sports Week!
SESSION 1: June 18, 2018 – June 22, 2018

Group: Captains

Objectives: Wear your favorite sports attire and let’s get wild! Children will learn about the fundamentals of sports, sportsmanship, and teamwork.

WHAT TO BRING

MONDAY
June 18, 2018

- Hat or visor (optional)
- Sunscreen
- Water bottle
- 2 snacks

TUESDAY
June 19, 2018

- Hat or visor (optional)

WEDNESDAY
June 20, 2018

- Hat or visor (optional)

THURSDAY
June 21, 2018

- Hat or visor (optional)

FRIDAY
June 22, 2018

- Hat or visor (optional)

PARENT INFORMATION CORNER

- Please call the child care center by 10:00 am if your child is going to be absent or late. Children may not arrive at the child care center after 10:30 am without making prior arrangements.
- Please place your child’s name on all their bags and belongings.
- Unfortunately, we do not have a microwave on site to warm-up food, so please pack a lunch and snacks that do not require heat-up. Not all camp sites have a refrigerator.
- The YMCA is not responsible for lost, stolen or damaged personal items brought to camp. All personal items brought to camp are at your own risk. Gaming devices and cellular phones are not permitted. Campers must wear closed-toed and closed heel shoes. Sandals are not permitted at any time unless in the pool area. Please alert the staff if your child has any allergies. This schedule is subject to change without notice. All activities will be modified to be age appropriate for each grouping.

SWIMMING, POOL, SWIM LESSONS & TESTING INFORMATION

SWIM DAYS/TIMES:
Swim days/times will be confirmed at the parent meetings prior to the first day of camp. Swim time usually takes place between 12-4pm daily. Day/time will vary depending on the group.

*If you signed your child up for swim lessons they will need to do a swim assessment on a Saturday between 12-1pm prior to their first day of camp to determine their swimming ability. A swim test will be required for all children who wish to swim in the deep end on their first swim day. If they do pass, they will be issued a green band and be able to swim freely in the pool in all areas of the pool instructor by their counselor. If the child does not pass, they are issued a red band and must wear a life jacket if they can’t touch the floor in the shallow end of the pool.

Typical Daily Schedule:
- 6:00am-9:00am: AM Extended Care/Child Choices (Supervised Activities & Interest Centers)
- 9:00am-9:30am: Snack & Outdoor Recreation
- 9:30am-9:45am: Camp Opening
- 9:45am-10:45am: Activity Period 1 (Creativity, Education or Physical Education Choices)
- 10:45am-11:45am: Activity Period 2 (Creativity, Education or Physical Education Choices)
- 11:45am-12:45pm: Lunch/Group Discussion Time
- 12:45pm-1:45pm: Teambuilding/Specialty Activity
- 1:45pm-3:30pm: Reflection & Snack
- 3:30pm-4:00pm: PM Extended Care (Supervised Activities & Interest Centers)
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The Y – We’re for Youth Development, Healthy Living, and Social Responsibility
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Wear your camp t-shirt.

**WHAT TO BRING**

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**SWIMMING, POOL, SWIM LESSONS & TESTING INFORMATION**

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**FUN FRIDAY SCHEDULE!**

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**SUMMER DAY CAMP AT THE VICTORY FAMILY YMCA 2018 ACTIVITY CALENDAR**

- **Theme:** Sports Extravaganza
- **Session 1:** June 18, 2018 – June 22, 2018
- **Group:** Commanders

**Objectives:** Wear your favorite sports attire and let’s get wild! Children will learn about the fundamentals of sports, sportsmanship, and teamwork.

**MONDAY**

- June 18, 2018
  - Wear your camp t-shirt.

**TUESDAY**

- June 19, 2018
  - Wear your camp t-shirt.

**WEDNESDAY**

- June 20, 2018
  - Wear your camp t-shirt.

**THURSDAY**

- June 21, 2018
  - Wear your camp t-shirt.

**FRIDAY**

- June 22, 2018
  - Wear your camp t-shirt.

**CREATIVITY ACTIVITIES**

- Sports Bookmarks, Construction Paper
- Chiefs-Field Trip Day: Sparetime Bowling Alley
- Sports Jeopardy, History of Sports in the YMCA, Reading-Sports Books

**PHYSICAL EDUCATION ACTIVITIES**

- Ultimate Frisbee, Circle Dodgeball, Kickball
- Football, Field Hockey, Basketball, Flag Football
- Swimming, Pool, Swim Lessons & Testing Information

**EDUCATION ACTIVITIES**

- Sports Bingo, Yoga, Reading-Sports Books
- Sports Bookmarks, Construction Paper
- Chiefs-Field Trip Day: Sparetime Bowling Alley

**ACTIVITY CALENDAR**

- June 18, 2018
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**FOR YOUR DEVELOPMENT**

- *The Y – We’re for Youth Development, Healthy Living, and Social Responsibility*